

LAURA BROMWICH

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Curriculum Vitae

b. 1988, proudly resides and works in Dundas and Hamilton, ON

Education

2014 Graduate Diploma of Art Therapy, Toronto Art Therapy Institute, Toronto, ON
2011 Bachelor of Arts, Honours, McMaster University, Hamilton, ON

Professional Experience

Clinical Art Therapist and Registered Psychotherapist, Mood Disorders Program

2014-Present St. Joseph's Healthcare, Hamilton, ON

- Provide arts psychotherapy to clients in the greater Hamilton community
- Facilitate the fulltime Art Therapy program at St. Joseph's Hospital West 5th
- Connect and provide individuals with arts programming within the Hamilton community
- Foster and explore volunteerism through community arts organizations and group therapy
- Lead individual and group sessions both on site at St. Joe's and in the community; guiding patients through directed and non-directed processes, encouraging them to engage with their feelings and explore the thought processes behind them, i.e. self-regulation, activation and self-reflection.
- Providing opportunities to train in Hamilton through supervision to Toronto Art Therapy Institute practicum students and facilitating Art Therapy practicum placements at St. Joseph's Hospital
- Provide individual art therapy for patients through referral processes
- Developing and facilitating content for art therapy groups through research
- Implementing program projects i.e. Legacy Boxes and mural commissions
- Liaising with physicians, psychologists, allied health and nurses to provide collaborative patient care
- Participating in intake data for clinical research to assess effectiveness of behavioral activation group therapy in individuals with depression (BRAVE Study)
- Presenting and attending seminars, educational rounds and conferences to discuss treatment methods, share ideas and professional experience
- Charting and providing clinical feedback

Faculty Instructor, Printmaking Department

2012-Present Dundas Valley School of Art, Dundas ON

- Manage, develop and implement sustainably run, non-toxic printmaking at a not-for-profit art school which leads in the cultural development of the Hamilton community
- Develop course curriculum applying professional arts experience and training for people of all ages
- Design and implement community outreach workshops for vulnerable sector groups and provide exposure to professional and unique arts opportunities in printmaking and other media
- Collaborate in community-based projects which includes *Culture Days*
- Selected to represent and advocate for arts education on the Board of Directors as *Faculty Representative*
- Collaborate with members of gallery committee to showcase established artists from the Hamilton community
- Photograph, post and promote education and printmaking via social media

Solo Exhibitions

- 2011-2016 *Shrine Triptych*, Starbucks (Commission), Dundas, ON
2014 *Prints and Process*, Carnegie Gallery, Dundas, ON
2014 *Market Value (Performance and Exhibit)*, Hamilton Farmer's Market, Hamilton, ON
2011 *Supercrawl: Shrines*, Olinda's Fashion Studio, Hamilton, ON
2011 *Princess Street Shrines*, Princess Street Condo (Commission), Toronto, ON

Selected Group Exhibitions

- 2017 Dundas Studio Tour, Studio 4, Dundas ON
2016 *100 Years of Printmaking*, Dundas Museum and Archives, Dundas, ON
2016 *Greenprint*, Greenbelt Harvest Picnic, Dundas, ON
2016 *DVSA Faculty Exhibition*, Dundas Valley School of Art, Dundas, ON
2015 *45th Annual Art Auction*, Dundas Valley School of Art, Dundas, ON
2014 *James North Art Collective Exhibit*, James North Studio, Hamilton, ON
2014 *Emerging Artist's Competition*, Carnegie Gallery, Dundas, ON
2013 *Dada Reboot*, Nuit Blanche, Distillery District, Toronto, ON
2013 *Art Walk Exhibited*, City of Hamilton & Hamilton Arts Council, Hamilton, ON
2013 *The Encampment*, Luminato, Fort York, Commissioned by City of Toronto, ON
2011 *Encounters: SUMMA Graduating Exhibit*, McMaster Museum of Art, Hamilton, ON
2010 *CSG Print Exhibition*, Cambridge Sculpture Garden, Cambridge, ON
2010 *SVA Summer Arts Exhibition*, School of Visual Arts, Manhattan, NY

Community Arts Initiatives,

Lead Organizer and Facilitator

- 2017 *Transformative Force*, Art Forms and St. Joseph's Collaboration, Art Forms, Hamilton, ON
2017 *Ya Gotta Start Somewhere*, Art Forms and St. Joseph's Collaboration, Art Forms, Hamilton, ON
2017 *Infinite Hope*, Mood Disorders Outpatient Clinic, St. Joseph's Hospital, Hamilton, ON
2016 *Harbour Spiritual Centre Mural*, Harbour Chapel, St. Joseph's Hospital, Hamilton, ON
2016 *Pop-Up Print Collective*, Dundas Cactus Festival, Dundas ON
2015 *Art Adventures Outdoor Mural*, Selected Sites, City Housing Hamilton, Hamilton, ON
2014 *Voices Project*, Supercrawl Installation, Art Forms, Hamilton, ON
2014 *War of 1812: A Woman's Perspective*, Dundas Museum and Archives, Dundas, ON
2014 *Tiles for Transition*, St. Joseph's Hospital, Hamilton, ON
2013 *Growth Mural*, The Etobicoke Children's Centre, Etobicoke, ON

Arts Education

- 2016-present *Educator & Facilitator*, Nurture the Ability Workshops, Hamilton Down Syndrome Association in partnership with Dundas Valley School of Art, Dundas, ON
2012-present *Visiting Artist*, The Artists' Connection 4, numerous schools, HWDSB, Hamilton, ON
2012-present *Educator & Facilitator*, Family Days Workshops, Dundas Valley School of Art, Dundas, ON
2016 *Guest Speaker & Art Therapist*, Mental Health Retreat, (Art Therapy workshop facilitator), Hamilton Family Health Team, Royal Hamilton Yacht Club, Hamilton, ON
2015-2016 *Educator & Facilitator*, Big Brothers Big Sisters of Hamilton & Burlington in partnership with Dundas Valley School of Art, Dundas, ON

- 2014 *Intern, ArtWorks Afterschool Program, Culture for Kids in the Arts, Hamilton Conservatory for the Arts, Hamilton, ON*
- 2014 *Guest Speaker, Student Wellness Among Youth Conference, St. Joseph's Hospital, West 5th, Hamilton, ON*
- 2013 *Educator & Facilitator, Kiwanis Boys and Girls Club of Hamilton, Hamilton, ON*

Professional Affiliations

- Current *Professional Member, College of Registered Psychotherapists of Ontario*
- Current *Professional Member, Canadian Art Therapy Association*
- Current *Art Therapist and Curator, Art Committee, St. Joseph's Hospital, West 5th, Hamilton, ON*
- Current *Board Member, Dundas Studio Tour, Dundas, ON*
- 2017-present *Board Member, Board of Directors, Art Forms, Hamilton, ON*
- 2016-2017 *Board Member, Faculty Representative, DVSA Board of Directors, Dundas, ON*
- 2013-2014 *Member, James Street North Collective, Hamilton, ON*

Residencies

- 2010 *Summer Print Residency, School of Visual Arts, New York, NY*
- 2008 *Printmaking Residency, Proyecto'Ace, Buenos Aires, Argentina*

Grants & Awards

- 2017 *City of Hamilton Arts Awards, Established Artist in Education and Community Arts Nominee*
- 2011 *McMaster University Dean's Honour Roll, McMaster University*
- 2009 *Independent Order of the Oddfellows Arts Grant*
- 2004 *Artistic Director's Award, Canadian Ballet Youth Ensemble*